



## **Aylsham Runners Health & Safety Policy**

### **Statement Of Intent**

This is a Health & Safety Policy statement of Aylsham Runners.

Our Health & Safety Policy is to:

- Prevent accidents and accident-related injuries
- Manage health and safety risks from Club activities
- Provide online health and safety guidance to Members
- Provide risk assessments of the main locations and venues used for Club activities
- Regularly revise and review our health and safety guidance and risk assessments
- Record accidents and near-misses, reporting both the England Athletics when appropriate

### **Health & Safety Responsibilities**

Overall and final responsibility for health and safety and ensuring standards are maintained and improved where they can, lies with the Club Management Committee.

Day-to-day responsibility for ensuring this policy is put into practice are the Club's coaches and run leaders.

All Members should

- Review the club's Health & Safety Guidance and Risk Assessments
- Take reasonable care of their own health and safety
- Report any health and safety concerns to a Club coach or run leader

### **Arrangements for Health and Safety**

We will provide online health and safety guidance to Members

We will ensure any organised Club race or Club event is subject to a suitable and sufficient risk assessment and take action where necessary.

We will regularly review risk assessments and health and safety guidance.

### **Training**

We will:

- Ensure Club coaches and run leaders have appropriate training to lead Club training sessions, with details of Club coaches on the Club website.
- Provide helpful information to Members verbally before and/or during training sessions